

2009 Cougar Cross Country Varsity and JV Meet Schedule

Friday, September 4--Dakota County Classic

SITE: Eagan High School - Athletic Fields North of High School

BUS: 12:00pm LSHS

**NO RETURN BUS---RUNNERS WILL NEED TO RIDE HOME WITH PARENTS**

RACE TIMES: 2:00 p.m. Boys' JV Race 3200 Meters  
2:30 p.m. Girls' JV Race 3200 Meters  
3:00 p.m. Boys' Varsity Race 3200 Meters  
3:30 p.m. Girls' Varsity Race 3200 Meters  
4:15 p.m. Awards - EHS Commons

Saturday, September 11 and 12--Hopkins Bauman/Rovn Invite

SITE: Gale Woods Farm, Minnetrista

BUS FRIDAY: 1:10 KTMS, 1:20 MMS, 1:30 LSHS

BUS SATURDAY: 7:15am from LSHS and returning ~2:30pm to LSHS

**Directions:** Take 394 west to hwy 15. Take 15 west to mound. Take a left on hwy 110 and it is about 2.5 miles to the park. Or take hwy 7 west to 44. Go north on 44 a few miles to 110. Left on 110 to the Park. Also see [www.threeriversparkdistrict.org](http://www.threeriversparkdistrict.org) <<http://www.threeriversparkdistrict.org>>

**Time Race Distance Awards**

**Invite Record**

**Friday September 11th Girls ONLY**

4:00 Girls middle school/Jr. High 2.7K (unlimited) Top 10 T-shirts 11:21  
Hannah Lee Fitter Maple G. 06  
4:30 Girls JV "C" 4K (unlimited) Top 10 T-shirts new  
race 2009  
5:00 Girls Junior varsity 4K (enter up to 15) Top 15 T-shirts 15:50  
Abbi Aspengren,Elk R. 08  
5:30 Girls Varsity 4K(enter up to 10) Top 25 T-shirts  
14:51 Emily Schwitzer Hopkins06

**Saturday, September 12th Boys ONLY**

9:00 Boys middle school/Jr. High 2.7K (unlimited) Top 10 T-shirts 9:27 Michael  
Mureny, Edina 08  
9:30 Boys JV "C" 5K (unlimited) Top 10 T-shirts new  
race 2009  
10:00 Boys Junior varsity 5K (enter up to 15) Top 15 T-shirts 17:25  
Mohamed Mohamed EP 08  
10:30 Boys Varsity 5K(enter up to 10) Top 25 T-shirts  
16:11Jeremy Drenckhahn Wyz 08

Thursday, September 17--LNHS Apple Jack Invite

SITE: Aronson Park, Lakeville

BUS: times To Be Announced

**NO RETURN BUS---RUNNERS WILL NEED TO RIDE HOME WITH PARENTS**

Saturday, September 26--Eagle Invite

SITE: Apple Valley High School

BUS: 8:00am from LSHS

**NO RETURN BUS---RUNNERS WILL NEED TO RIDE HOME WITH PARENTS**

TIME:

9:45 a.m. Girls J.V. Race 4000 Meters  
10:25 a.m. Boys J.V. Race 5000 Meters  
11:05 a.m. Girls Varsity Race 4000 Meters  
11:35 a.m. Boys Varsity Race 5000 Meters  
12:05 p.m. Boys Ninth Race 3200 Meters  
12:15 p.m. Girls "C" Race 3200 Meters  
12:45 p.m. Awards

**Tuesday, October 6--Victoria Lions Invite**

SITE: Chaska Par 3 Golf Course

BUS: times To Be Announced

**Tuesday, October 20--Lake Conference Championships**

SITE: Eagan High School

**NO RETURN BUS---RUNNERS WILL NEED TO RIDE HOME WITH PARENTS**

**Thursday, October 29--Section 1AA**

SITE: Brooktree Golf Course, Owatonna

**Saturday, November 7--State CC Meet**

SITE: St. Olaf

BUS: To be announced after Section 1AA