

WELCOME

We are pleased to offer this tennis camp to all girls and boys entering 3rd – 6th grades next fall. We want to have fun learning the great game of tennis. Each student will have the opportunity to expand their performance skills, make new friends, and learn cooperative skills through tennis.

SETTING

The Lakeville South Tennis Facility opened in September of 2005 and is one of the premier high school facilities in the state of MN. There are 10 courts available for our camp.

PHILOSOPHY

We believe the outcome of the child is more important than the outcome of the game. We will incorporate techniques and drills to increase consistency, power and game awareness. Match strategy will be addressed but not emphasized. In addition, fitness training, nutrition, and sportsmanship will also be talked about.

STRUCTURE

The Cougar Camp runs Monday June 16 – Friday 20 from 9 a.m. to 11 a.m. Players will be divided into groups of similar ages and abilities to ensure that everyone gets the most out of their camp experience. A typical day may look something like this:

- Conditioning and Stretching
- Drilling & stroke mechanics
- Serving
- Forehands and backhands
- Volleys
- Individual help
- Ball machine work
- Open play
- Tennis Olympics
- Team relay fun
- Fun with staff members



EXTRAS

All campers will receive a t-shirt, camp photo, and certificate. A variety of prizes will also be given out each day.

COST

\$80 Make checks payable to: **Lakeville South Tennis Booster**
Deadline: 6/10/08 19186 Greenview Court
(Includes insurance) Prior Lake, MN 55372

WHAT TO BRING

- Tennis racquet, if you have one
- Tennis shoes and water bottle
- Sunscreen
- A positive attitude

MEET OUR STAFF

- **John Pieri** has been a Physical Education and Health teacher in Lakeville for 28 years. John has coached varsity boys soccer and girls track. He is currently the Head Girls Tennis Coach at Lakeville South. He is a USTA member and a 4.0 league player.
- **Jon Henricksen** is an art teacher at Lakeville South and has played tennis for 15 years. He is the girls and boys assistant coach for Lakeville South. Jon is a USTA member and plays on a 3.5 men's league team.

Varsity Girl Tennis Members will be helping run the camp. Come out and let our group of coaches and players teach your child the game.

Registration Form for 3rd – 6th Grades

Camper's Name _____

Age _____ 08-09 Grade _____ Sex M F

T-Shirt size (youth) S M L XL

Playing Experience _____

I will bring my own tennis racquet YES NO

Parent/Guardian _____

Email _____

Home Address _____

City, State, Zip _____

Home Phone _____

Alt. Phone _____

Questions? jjpieri@isd194.k12.mn.us or (952) 898-3800

TENNIS CAMP

COUGAR

