

Pony Classic Order Of Events and Meet Information

Saturday, April 18, 2009 Stillwater HS

Field Events: records in ()

9:45 check in-- all field events add together for scoring purposes.

- 10:00 2*pole vault relay; starts at 9', scratch 7', (26'6")
- 10:00 3*long jump relay, cafeteria style, 4 jumps each, (63' 11.5")
- 10:00 3*triple jump relay, cafeteria style, 4 jumps each, (127' 1.5")
- 10:00 3*high jump relay, 1 pit, start at 5'2", scratch 4'6", (18' 11")
- 10:00 3*shot put relay, 4 throws each, (167' 1")
- 10:00 3*discus relay, 4 throws each, (481' 4")

Running Events: records in ()

- 9:45 Open 1600 meter run, unlimited, (usually about 40 runners)
- 10:00 **Jon Francis** 3200 meter team race, runners 3&4
- 10:20 **Jon Francis** 3200 meter team race, runners 1&2, (38:54.0)
- 10:40 **George Thole** 4*100 meter HH Shuttle Relay, (57.0)
- 10:55 4*200 meter relay, 1 heat, (1:30.4)
- 11:05 **Jim Podratz** 4*800 relay, 1 heat, (7:58.4)
- 11:20 800 meter sprint medley relay, 1 heat, 100-100-200-400, (1:33.8)
- 11:30 8*200 relay, 1 heat, (3:08.38)
- 11:40 **Luke Watson** 4*1600 relay, 1 heat, (17:44.3)
- 12:05 4*100 relay, 1 heat, (42.8)
- 12:15 **Jim Ratte** 3*300 meter intermediate hurdle team race, add times. (2:03.1)
- 12:30 4*100 9th grade, 1 heat, (45.9) NON-SCORED
- 12:40 **Sean Graham** Distance medley relay, 1 heat, (11:05.2)
- 1:00 4*100 Weightmen's relay, 1 heat, must have thrown in the meet. (46.3)
- 1:10 **Joe Samuelson** 4*400 relay, 1 heat, (3:22.8)
- 1:30 TEAM AWARDS

- **Coaches meeting @9:00 at finish line.**
- **Medals to winners, ribbons to 2-3, Special plaques to signature relays, traveling trophy to winning team, batons to record breakers.**
- **Each team MUST bring 2 student helpers, checked at coaches meeting.**
- **Each team MUST help with judging some exchange zones with an adult.**
- **You must have the person take at least one attempt in a vertical field event to get the scratch value. No entry-no scratch value.**
- **Only one Scratch value per team, per field event.**
- **Scoring 16-12-10-8-6-4-3-2-1**
- **Admission into the Meet Adults -- \$6. Kids -- \$4, Parking Free.**
- **1/4 " Pyramid spikes only, helmets for vaulters.**
- **School is located at the SE Corner of MN Highways 36 and 5**
- **Call with questions-- Scott Christensen 651-303-0027.**

Teams: Stillwater, Mounds View, White Bear Lake, Blaine, Eastview, Andover, Lakeville South, Owatonna, Forest Lake